

Special Meal Offerings

These options are available for guests with dietary restrictions. Fogolar Furlan Club makes every effort to accommodate special meal requests but we cannot guarantee we can accommodate all requests. We cannot guarantee that cross contamination will not occur in our kitchen environment. We do not use peanut oil but note that soya based products, corn, eggs, garlic, onions and mushrooms are present as well as trace nut products.

We offer vegetarian, vegan, gluten free and dairy free meals. Other special needs are considered on a case by case basis. Please consult with our Event Coordinator, Lisa Doyon.

Vegan Parmigiana

Tasty bean protein product patty,
breaded with gluten free crumbs
(served with marinara sauce & two vegetable sides)
Vegan - Vegetarian - Gluten Free - Dairy Free

Broiled Salmon

Broiled salmon filet
(Served with two vegetable sides)
Vegetarian - Gluten Free - Dairy Free

Teriyaki Stir Fry

Fresh vegetable medley stir fried with teriyaki sauce
(served with basmati rice)
Vegetarian - Vegan - Dairy Free
Vegan - Vegetarian - Gluten Free - Dairy Free

Stuffed Portabello Mushroom

Fresh vegetable medley stir fried with teriyaki sauce
(served with basmati rice)
Vegetarian - Vegan - Dairy Free
Vegan - Vegetarian - Gluten Free - Dairy Free

Stuffed Pepper

Red or green bell pepper
stuffed with rice and minced vegetables
(served with two vegetable sides)
Vegetarian - Vegan - Gluten Free - Dairy Free

Grilled Polenta

Grilled polenta square
served with marinara sauce
(served with two vegetable sides)
Vegetarian - Vegan - Gluten Free - Dairy Free

Special meal guests enjoy whatever they like from the event menu PLUS a choice of entree listed above which will be plated individually.

Please note that at least 48 hours advance notice is required for all special meal requests.

FOGOLAR FURLAN CLUB

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